



2013

ANNUAL REPORT

HOPE
Foundation
For Women & Children of Bangladesh

www.hopeforbangladesh.org

VOICES OF HOPE



Dear Friends of HOPE Foundation,

The sole mission of HOPE Foundation for Women and Children of Bangladesh is to provide healthcare to those who could not afford the care otherwise. HOPE Foundation provides important healthcare services to thousands of needy people every year through HOPE Hospital and HOPE medical centers in remote areas. In addition, HOPE brings about specialized care for obstetric fistula, cleft lip/palate repair, burn care and much more through its international partners such as Fistula Foundation, Smile Train, Resurge International and others. Currently, HOPE Foundation is undertaking major capacity building activities through its Community-based

Midwifery Diploma Program and Community Health Communicator (CHC) Training Program in the southern part of Bangladesh. HOPE also conducts field research and collects important data about maternal and child health through a partnership with Medic Mobile. HOPE Foundation hosts over 50 international medical/health professionals, volunteers and students annually so they can gain valuable experience in international health in addition to offering their expert services to the people of Bangladesh.

HOPE Foundation came a long way in the past 14 years since its humble beginning in 1999. We strive to serve the community through knowledge, skill, and above all, compassion. HOPE maintains strong collaborations with other Government and Non-Government organizations in the area. At HOPE we believe in serving the underserved. I want to thank all our partners, donors, volunteers and well-wishers for their support. *Our work would not be possible without you.*

Sincerely,

Iftikher Mahmood, MD
President and Founder

DONOR'S PERSPECTIVE



Folks like me—someone who grew up in Bangladesh but now lives comfortably in the first world—have a serious debt of honor. We know first hand the conditions back home: not just the massive needs but also the mere pittance that it takes to completely and radically alter the trajectory of disadvantaged lives. Knowing what we know and being blessed the way we have been, it is our duty to do what we can to

help. Because if not us, then who? However, the part that often gets lost in these testimonials is how much pleasure I get out of helping out. That pleasure is greatly enhanced because I managed to connect with Dr. Mahmood and HOPE Foundation. It is a simple alliance of convenience—HOPE does the work and I, in my own small way, expand HOPE's reach. Everyone wins and has a smile on their face!

MUHIT RAHMAN
FOUNDER BANGLADESH RELIEF FUND
PARTNER, LWPARTNERS, SANTA MONICA, CA



In 2013, Valley Motors Inc. hosted a fundraising event for HOPE and donated from their automobile sales. "My intent was to support my manager and his daughter, Ashley, in their efforts to support HOPE. As the presentations unfolded I found myself very proud and pleased to be a part of supporting the fine work

that HOPE is doing to better the health and lives of those they come in contact with. I hope others will take notice and lend their support to Dr. Mahmood and his efforts through the HOPE Foundation for Women and Children of Bangladesh."

CHARLES FENWICK JR.
PRESIDENT, VALLEY MOTORS INC.
BALTIMORE, MD

MATERNAL & CHILDREN'S HEALTH

HOPE FOUNDATION PROVIDED **2,216** WOMEN WITH ANTENATAL CARE SERVICES IN 2013.

PHOTOGRAPHY BY: PHOEBE ORR DEKORNFELD

MATERNAL HEALTH

HOPE reached out to 160 mothers to provide postnatal care services and 408 gynecological visits. HOPE's 38 Mothers' Clubs continue to provide education to vast and remote communities on vital topics such as: nutrition, breastfeeding, reproductive health, family planning, antenatal care and sanitation. Workshops and observance of international days such as Safe Motherhood Day, Midwifery Day, Immunization Day and others help circulate critical information in a fun and participative manner to our mothers.

DIARRHEA ACCOUNTED FOR **1,016** CHILDREN'S VISITS AND **1,937** CHILDREN WERE TREATED FOR PNEUMONIA.



MALNUTRITION LEADS TO COMPLICATIONS. EDUCATION AND COUNSELING TO MOTHERS HAS GREAT IMPACT ON THE HEALTH OF THEIR CHILDREN.



HOPE'S MOTHERS' CLUBS SERVE AS HOPE'S GATEWAY TO REMOTE VILLAGES AS WELL AS KEY EDUCATIONAL HUBS FOR DISSEMINATING HEALTH INFORMATION TO OTHER LARGER GROUPS OF WOMEN.

CHILDREN'S HEALTH

Protecting the lives of those most innocent is paramount. Children need comprehensive care particularly in their first five years of life. To ensure a healthy future generation, HOPE provided 396 children immunizations through WHO's EPI program to protect them from contagious diseases. In 2013 the most predominant diseases children were treated for were pneumonia and diarrhea, respectively. This highlights the need for preventive care as well as comprehensive health including nutrition, immunizations, and regular check-ups. The common cold, typhoid, malaria, tuberculosis and jaundice were other common sicknesses HOPE's doctors came across in child patients. Services for vision, dental, skin and gynecology for girls were provided routinely.

HOPE PROVIDED CLINICAL CARE TO **6,200** CHILDREN.

SPECIALIZED CARE

OBSTETRIC FISTULA

Obstetric Fistula occurs during obstructed labor whereby the mother develops a hole in her genitalia. Her baby is often still born. The hole in her genitalia causes her to leak urine constantly, and sometimes feces as well. The foul smell and stigma causes her husband and her community to abandon her. HOPE's Obstetric Fistula program is an important program as it is estimated that over 5,000 women in Cox's Bazar alone are suffering. Help from HOPE's partner Fistula Foundation, allowed us to complete 34 repair surgeries. Extensive outreach and education remains at the forefront of the program; our goal is to eradicate fistula completely from Cox's Bazar.



FISTULA SURGEONS DR. STEVE ARROWSMITH AND DR. NRINMOY BISWAS FROM FISTULA FOUNDATION AND HOPE FOUNDATION RESPECTIVELY WORK TOGETHER TO REPAIR A COMPLICATED FISTULA CASE.

“ DURING LABOR I WAS HOME FOR ONE DAY AND THE NEXT DAY I WAS TAKEN TO THE DISTRICT HOSPITAL. MY BABY DIED AND I WAS TRANSFERRED TO THE REGIONAL HOSPITAL WHERE I STAYED FOR 3 DAYS. MY HUSBAND LEFT ME. THE COMMUNITY PEOPLE HATE ME AND INSULT ME BECAUSE OF THE SMELL. I AM CONSTANTLY LEAKING URINE. I GOT ONE SURGERY AT HOPE BUT AM NOT CURED YET SO I CAME BACK FOR ANOTHER. I WANT TO GET CURED. I LIKE HOPE HOSPITAL. I FEEL BETTER AFTER THE SURGERY; MUCH BETTER BUT I WANT TO BE COMPLETELY CURED

A FISTULA SUFFERER ”

BURN

In 2013 HOPE formed a new partnership with Resurge International, a U.S. non-profit based in California, which works extensively on repairing burn injuries and deformities. Resurge International visited HOPE Hospital and performed 28 surgeries on burn contractures. Moreover, the trip delivered on a second object of medical exchange and training. Resurge trained our hospital staff and frontline village health workers in burn care and treatment, improving the local capacity of Cox's Bazar.

CLEFT LIP/PALATE

Repairing cleft lip/palate remains a strong program at HOPE Hospital. Smile Train doctor, Professor B.K. Das, performed regular surgeries throughout the year. In 2013 HOPE completed 53 cleft lip/palate repair surgeries through a series of repair camps to an array of patients.



IMTIAJ HOSSEN BABU
BEFORE AND AFTER CLEFT REPAIR

IN BANGLADESH, IT IS ESTIMATED THAT
OVER 5,000 CHILDREN
ARE BORN WITH CLEFT LIP/PALATE
PER YEAR.

HOPE SERVICES & RESEARCH

PHOTOGRAPHY BY PHOTRE (DR. REKONTEFD)

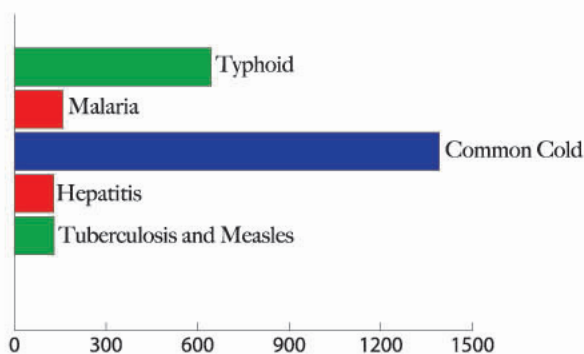
RESEARCH

In a region like Cox's Bazar where an ample proportion remains rural and untouched, research revealing health statistics is limited. At HOPE we know we must do the groundwork of discovering the particular problem, why it exists, and how those we serve would like to see the problem resolved, if we want our projects to be impactful. A partnership with Medic Mobile began the Bangladesh Antenatal Care with SMS (BANCS) research project. The purpose of this study is to evaluate the impact of a Village Health Worker (VHW)-mediated, SMS (text message) supplemented, home-based antenatal care program on the proportion of mothers who deliver with a skilled attendant. This project began in June of 2012 and is in its second phase as of July 2013.

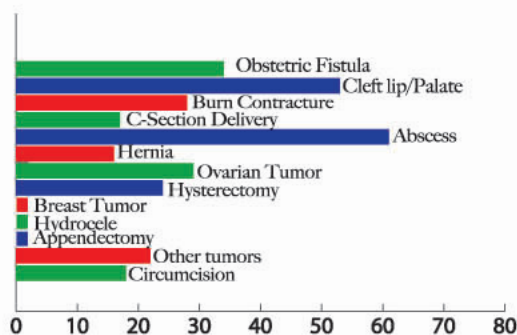
In the first phase 511 patients were enrolled, exceeding our target. In the second phase 258 patients were enrolled for a total of 769 study participants. The research will reveal how effective door-to-door service with a technology component is in ensuring pregnant mothers receive antenatal care services and are educated on the importance of delivery by a skilled health professional. We greatly look forward to see the outcome in 2014!

SERVICES PROVIDED IN 2013

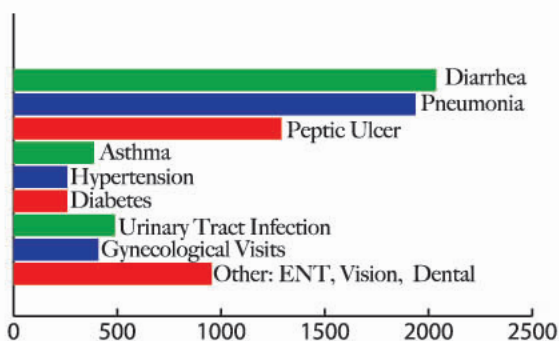
COMMUNICABLE DISEASES BY CASE



SURGICAL OPERATIONS



NON-COMMUNICABLE DISEASES BY CASE



HOPE HOSPITAL AND HOPE MEDICAL CENTERS PROVIDE A MULTITUDE OF SERVICES AND CARE. IN ADDITION TO THESE FACILITIES, HOPE ALSO TAKES PRIDE IN AN INPATIENT CLINIC, 24 HOUR EMERGENCY CARE, PATHOLOGY LAB, X-RAY, ECG, USG, PHYSIOTHERAPY, AND AMBULATORY TRANSPORT.

STRENGTHENING A COMMUNITY

PREGNANCY AND DELIVERY SHOULD NOT BE A RISK BUT A SAFE AND BEAUTIFUL EXPERIENCE.

PHOTOGRAPHY BY: PHOEBE DARR DEKORNEFFLO

TRAINING

Building the capacity of the local community in which HOPE works, serves as a cornerstone of all of its work. Each program HOPE conducts encompasses a training aspect in addition to concrete training projects. HOPE's Community based Midwifery Diploma Programme is funded by the British Department for International Development and in partnership with BRAC University. The programme is a 3-year, intensive course that combines theory, lab and clinical learning and will graduate local women as midwives with the goal of training girls that are likely to return to their home villages and provide services in their communities to meet the pressing maternal health needs of the region.

For HOPE's first class of midwifery 30 energetic and bright local girls were recruited from areas that are most remote, rural and underserved with vastly unmet maternal and newborn health services.

Upon graduation these women can work in homes of mothers who prefer home delivery, in NGOs and community clinics, hospitals, village birthing huts, teach midwifery programs as faculty or they can continue their education in a Masters or PhD program. Producing trained midwives will have an impact in improving maternal health in the region, driving down maternal and infant mortality and morbidities and improve newborn health.

HOPE was awarded a 3-year grant from the Virginia Gildersleeve International Fund (VGIF). This grant supports the "Closing the Health Divide between the Village and the Hospital" project. Beginning in 2013, HOPE began training local women to become Community Health Communicators. Their duties involve disseminating health knowledge to all members of their communities. This ensures that those who are unable to attend our health workshops or come to the hospital due to financial or physical barriers, receive the same knowledge and education about pressing health concerns facing their villages.

The project will train 4 batches of women to conclude having trained 240 Community Health Communicators. This year 71 women were trained. The outcome has been fruitful. Our first batch of women has been assigned to enroll pregnant women in antenatal care services, refer fistula and other patients to the hospital for needed care, to serve as community educators and to promote healthy living in their communities while delivering the message of HOPE.

VOLUNTEER TESTIMONY



"I had the pleasure of visiting HOPE Hospital in Cox's Bazar, Bangladesh. I was part of ReSurge team, an organization that supports medical volunteer work in developing countries by providing burn reconstructive surgery to people who otherwise couldn't afford it. Our team was comprised of 3 plastic surgeons and an anesthesiologist from Bangladesh; and 5 from USA: an anesthesiologist, OR nurse, PACU nurse, hand therapist and coordinator. All of the staff at HOPE Hospital were warm, friendly and very accommodating. I was impressed with the high standards of care, the sterile technique was expert and the hospital was very well organized. When our team was faced with limited supplies or resources, the hospital staff would find a way to meet our needs. Their creative and resourceful thinking "outside the box" always proved successful. It was so evident to see how dedicated the doctors and nurses were to their patients, the surrounding community and to the mission of HOPE Hospital. They are all truly committed to achieving the Millennium Development Goals and making improvements in the lives of the people of Bangladesh."

ELILSE GETTINGS, RN
MASSACHUSETTS GENERAL HOSPITAL



"My surgical mission and time spent with the staff of HOPE Foundation in Bangladesh was truly inspirational and humbling. In the past ten years, I have been fortunate enough to provide surgical care to underserved areas around the world. My experience with the HOPE Hospital was one of the best I have had. HOPE Hospital is dedicated to meeting the needs of the resource-poor community of Cox's Bazar. It impressed me how they can help so many people in desperate need with such few resources. I was honored to be part of it even for such a short period of time."

MATTHEW DEETER, MD
KENDALL REGIONAL MEDICAL CENTER

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PHOTOGRAPHY BY: PHOEBE ORR DEKORFELD

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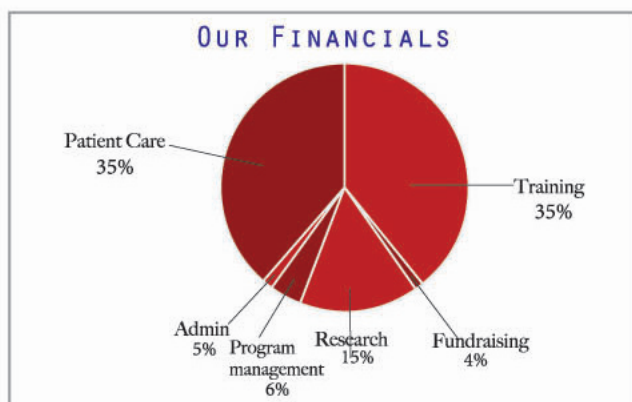
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